

## Media Alert

# “Thomson Chinese Medicine” for women’s health now available

- Blends East and West approaches with a focus on women’s wellness

<b>WHAT:</b>	A complementary medicine practice that is wholly devoted to women’s health, and aims to provide a seamless experience to those who desire the best of both Eastern and Western medicine.
<b>Target Audience:</b>	Women and children
<b>Services:</b>	A variety of treatment programs to meet the modern woman’s needs
<b>Launch Date:</b>	1 September 2009
<b>Location:</b>	Thomson Medical Centre (Level 5) 339 Thomson Road Singapore 307677

**SINGAPORE - 22 October 2009** - Singapore Exchange Main Board-listed **Thomson Medical Centre Limited** (“Thomson Medical”), a niche healthcare provider for women and children, has launched its **Thomson Chinese Medicine** (“TCM”) arm that is dedicated to serving the modern woman.

Complementing the doctor’s role as the primary caregiver, TCM aims to integrate its practices and traditional Chinese medicines with conventional treatments by working closely with the doctors in Thomson Medical.

“Our physicians are fully qualified in their specialties to ensure that patients’ needs are comprehensively addressed through the different treatment modalities available in our clinic,” said Ms Seah Ai Wei, TCM Physician, Thomson Chinese Medicine.

Ms Seah added, “On top of this, we also establish dialogues with the doctors that are providing conventional treatment. This gives us an insight into the patient’s medical history and treatment records, allowing us to fuse East and West to administer the most appropriate treatment.”

#### **TCM’s services include:-**

- ▶ **Acupuncture for Assisted Reproductive Therapies:** Acupuncture services to complement assisted reproductive therapies such as intra-uterine insemination (IUI) or in-vitro fertilization (IVF).
- ▶ **Fertility Wellness:** To improve ovulation, uterine artery blood flow and endometrial development to optimize conception.
- ▶ **Healthy Uterus:** Incorporates acupuncture, Chinese medicine and massage to warm and prepare the uterus for a smooth pregnancy.
- ▶ **Fibroids:** To resolve any blood stasis or accumulation of phlegm to reduce or slow down growth of fibroids.
- ▶ **Acupressure:** Popularly known as “tui-na (推拿)” – an ancient art of healing that uses physical manipulation methods to improve the flow of energy in the body; used for wellness, fertility, pre- and post-natal and pain management.
- ▶ **Cancer Recovery:** To prevent / slow down cancer development, manage symptoms and side effects and boost immunity.

Other services include the treatment of menstrual-related ailments, menopausal symptoms, and women’s wellness in the areas of migraine, sinusitis, insomnia, digestive health and pain management. The centre also provides a men’s wellness program to enhance male fertility.

“Since our opening, most of our patients come to see us for fertility treatments as well as for the management of menopausal symptoms such as excessive bleeding and hot flushes. Acupressure services for women’s wellness and pain management are also popular with working executives who work long hours at the computer.”

“Our all-encompassing approach to women’s wellness comprises acupuncture, herbs, massage and nutrition counselling. With this holistic approach, we can empower patients to achieve inner balance and harmony that is essential for healthy living,” Ms Seah concluded.

The centre’s treatment protocols are continually fine-tuned to ensure that patients receive the best and most up-to-date care available. TCM also aims to introduce a children’s care component in 2010.

# # #

**About Thomson Medical Centre Limited**

Incorporated in 1977, Thomson Medical Centre Limited (“Thomson Medical”) is one of Singapore’s leading providers of healthcare services for women and children. It provides a comprehensive range of facilities and services for primary, secondary and tertiary healthcare, with focus in the areas of Obstetrics and Gynaecology (“O&G”) and Paediatric services.

Thomson Medical has been in operation since 1979 and offers quality healthcare by a team of highly experienced O&G specialists and paediatricians. It also operates the Thomson Fertility Centre, which offers In-Vitro Fertilisation (“IVF”) programmes to aspiring parents, as well as a chain of Thomson Women’s Clinics islandwide. Thomson Medical’s other subsidiaries include Thomson Women’s Cancer Centre, Thomson Pre-Natal Diagnostic Laboratory, Thomson Aesthetics Centre and Thomson International Health Services.

Thomson Medical is also expanding beyond Singapore. To date, it has secured two hospital consultancy projects in Vietnam and will continue to expand its regional reach.

For more information, please visit Thomson Medical’s corporate website at [www.thomsonmedical.com](http://www.thomsonmedical.com).

**Contact Information:****August Consulting**

Tel: 65-6733 8873      Fax: 65-6733 9913

Winston CHOO - [winston@august.com.sg](mailto:winston@august.com.sg)

Nora SNG - [nora@august.com.sg](mailto:nora@august.com.sg)

FOO Yiting - [yiting@august.com.sg](mailto:yiting@august.com.sg)

Zoe TAY - [zoe@august.com.sg](mailto:zoe@august.com.sg)